

Sean Donnelly

County Antrim Intermediate Championships 2010

The open intermediate Championships are for all Antrim (and Down/Armagh) boxers how have reached 17 and are under 34 years old.

Weigh-In & Medical Examinations:

- **Sunday 10th October 2010** from 10 – 11am @ Dockers Club, Pilot Street, Belfast
- Medical Cards must be produced at weigh-in.
- Boxers must advise the Doctor of any medication which they are taking or have taken during the previous 4 weeks.
- **Male Weights:**
48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 67kg, 71kg, 75kg, 81kg, 85kg, 91kg & 91+kg
- **Female weights:**
46kg, 48kg, 50kg, 52kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 75kg, 80kg & 86kg

Entry Fee: £5 per boxer.

Draw: Will take place following Weigh-in.

Males: 2 x 2 and a 3 min round Females: 3 x 2 min rounds.

Venue for Championships: Dockers Social Club - Mon 11th to Fri 15th Oct.

The Championships will commence @ 8 pm sharp each evening (or as required by entry and draw).

Please Note: Boxers may either wear **RED** or **BLUE** vests and shorts **OR** their **CLUB COLOURS ONLY**, with **RED** or **BLUE** head-guards for appropriate corners.

Only boxers competing on each evening plus 2 coaches will have free admission.

Secretary
County Antrim Boxing
IABA