

**ULSTER PROVINCIAL BOXING COUNCIL I.A.B.A
PRESENTS
NOVICE INTERMEDIATE CHAMPIONSHIPS OF ULSTER 2010
CONDITIONS OF ENTRY.**

This Championship is open to **Men and Women Boxers** in two categories: **Category A** (0 – 5 Contests) **Category B** (6 -10 Contests). This Championship is open to Boxers who have reached the age of **17 years** and are under **34 years on the 19th September 2010**. In **Category B** only weights that are contested will be awarded the title of Ulster Novice Senior Champion.

WEIGH-IN: Will take place on Sunday 19th September 2010 from 11.00am – 12 noon at the following venues: -

**St Agnes ABC, Belfast.
Clonoe ABC. Coalisland, Co. Tyrone and
Ring ABC, Derry.**

Medical Record Cards must be produced at the Weigh- In.

Boxers must advise the Doctor of any Medication which they are taking or have taken during the previous four weeks. Boxers must present themselves Clean Shaven at the Weigh – In and on the days they are required to box.

DRAW: On receipt of the Entries from the three venues the Draw will be made at the St. Agnes ABC on Sunday 19th September at approx 12.30 pm.

PRELIMS: Donegal Celtic Club Monday 20th – 22nd September at 8.00 pm.

SEMI-FINALS: Donegal Celtic Club Thursday 23rd at 8.00pm

FINALS: In the Donegal Celtic Club on Thursday 30th September 2010 at 8.00pm
Weigh - In 7.15pm - 7.45pm

**MORNING WEIGH - IN FOR FINALS
BY REQUEST ONLY AT ALL THREE INITIAL WEIGH – IN VENUES**

ENTRY FEE: £10.00 per boxer to be paid at initial Weigh - In.

COACHES: Must wear **TRACK SUITS** and supply own water bottle / spray and endeavour to set a high standard of hygiene in the corners

**ALL CONTESTS WILL BE 3 x 2 MINUTE ROUNDS
RED and BLUE VESTS SHOULD BE USED OR CLUB COLOURS WITH RED OR BLUE
HEADGUARDS FOR APPROPRIATE CORNERS.**

MEN WEIGHTS: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 67kg, 71kg, 75kg, 81kg, 85kg, 91kg & 91+kg

WOMEN WEIGHTS: 46kg,48kg,51kg,54kg,57kg,60kg,64kg,69kg,75kg,81kg & 81 +kg.

PLEASE DISPLAY THIS CIRCULAR ON CLUB NOTICE BOARD

It is requested that all entries for these Championships be sent to the Hon. Secretary

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