



**ULSTER BOXING COUNCIL I.A.B.A
PRESENTS
INTERMEDIATE CHAMPIONSHIPS OF ULSTER 2013
CONDITION OF ENTRY.**

This Championship is open to **Men and Women Boxers** who have reached the age of **17 years** and are **40 years on the 27th October 2013**. Boxers from 35yrs – 40 yrs **MUST** have an up-to-date Medical Certificate on the Ulster Medical Examination Form.

ENTRY FEE: £10.00 per boxer to be paid at initial Weigh - In.

WEIGH-IN: Will take place on Sunday 27th October 2013 from **9.00am – 10.00am** at the following venues: -

**St. Agnes ABC, Belfast.
Bishop Kelly ABC, Co. Tyrone
Ring ABC, Derry.**

Medical Record Cards must be produced at the Weigh- In.

Boxers must advise the Doctor of any Medication which they are taking or have taken during the previous four weeks. Boxers must present themselves Clean Shaven at the Weigh – In and on the days they are required to box.

DRAW: On receipt of the Entries from the three venues the Draw will be made at the **St. Agnes ABC** on Sunday 27th October at approx. 12 noon.

NB: Red or Orange Gum Shields- are strictly prohibited.

PRELIMS: **Dockers Club**, Monday 28th – Tuesday 29th October at 8.00 pm.

SEMI-FINALS: **Dockers Club** on Wednesday 30th October at 8.00pm

FINALS: In the **Dockers Club** on Friday 1st November 2013 at 8.00pm
Weigh - In 7.15pm - 7.45pm

MORNING WEIGH – IN BY REQUEST ONLY AT ALL THREE INITIAL WEIGH – IN VENUES

COACHES: Must wear **TRACK SUITS** and supply own water bottle / spray and endeavour to set a high standard of hygiene in the corners

**ALL MEN CONTESTS WILL BE 3 x 3 MINUTE ROUNDS
ALL WOMEN CONTEST WILL BE 4 x 2 MINUTE ROUNDS**

RED and BLUE VESTS SHOULD BE USED OR CLUB COLOURS WITH RED OR BLUE HEADGUARDS FOR APPROPRIATE CORNERS.

MEN WEIGHTS: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 67kg, 71kg, 75kg, 81kg, 85kg, 91kg & 91+kg

WOMEN WEIGHTS: 46kg, 48kg, 50kg, 52kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 75kg, 80kg & 86kg.

PLEASE DISPLAY THIS CIRCULAR ON CLUB NOTICE BOARD

It is requested that all entries for these Championships be sent to the Hon. Secretary

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