

Ulster Elite Championships 2019



CONDITIONS OF ENTRY.

This Championship is open to **Men and Women BOXERS** born between the years (2000) & (1978) **NOT EXCEEDING 40 YEARS**

ENTRY FEE: £20.00 per boxer to be paid at initial Weigh - In.

WEIGH-IN: Will take place on **Sunday 6th January 2019** from **9.30am – 10.30am** at the following venues: -

O'Neill's Arms Hotel Toome – (Kevin Duffy & Noreen Glendenning)
Dockers Club Belfast – (Charlie Toland & Kate Meli)

Medical Record Books must be produced at the Weigh- In. All Boxers must advise the Doctor of any Medication which they are taking or have taken during the previous four weeks. **Male Boxers must present themselves Clean Shaven at the Weigh – In and on the days, they are required to box.**

DRAW: On receipt of the Entries draw will be made at:
O'NEILL ARMS HOTEL TOOME CO. ANTRIM 12:00PM

PRELIMS & SEMI FINALS: DOCKWORKERS CLUB, PILOT ST. BELFAST
Monday 7th January 2019 – Thursday 10th January 2019

FINALS: ULSTER HALL BELFAST ON SATURDAY 19TH JANUARY 2019
– TICKETS AVAILABLE AT PRELIMS AND SEMI-FINALS

MORNING WEIGH – IN: BY REQUEST ONLY

Evening Weigh - In from 7.15pm - 7.45pm (AT DOCKERS CLUB)

COACHES: Must wear **TRACKSUITS** and supply own water bottle / spray and endeavour to set a high standard of hygiene in the corners
NB: Red (like red) Gum Shields- are strictly prohibited.

ALL MEN CONTESTS WILL BE 3 x 3 MINUTE ROUNDS (NO HEADGUARDS)
ALL WOMEN CONTEST WILL BE 3x3 MINUTE ROUNDS
HEADGUARDS for (WOMEN ONLY) FOR APPROPRIATE CORNERS.

Men's weights for 2019 Elite Championships 49kg,52kg,57kg,60kg,63kg,69kg,75kg,81kg, 91kg,91+kg.
(Olympic weights – 52kg,57kg,63kg,69kg,75kg,81kg,91kg,91+kg).

Women's weights for 2019 Elite Championships:48kg,51kg,54kg,57kg,60kg,64kg, 69kg 75kg,80kg,80+kg
(Olympic weights – 51kg, 57kg,60kg,69kg,75kg).

It is requested that all entries for these Championships be sent to the
Hon. Secretary Charlie Toland
ulsterboxing@gmail.com



PRE-ENTRY FORM

Ulster Elite Championships 2019

Please Note **That ALL BOXERS MUST BE PRE-ENTERED.**

Please pre-enter them on the form below and send to:
ulsterboxing@gmail.com

Before **Sunday 30th December 2018 With Boxers Correct Weight**

PRINT NAMES AND CLUB

CLUB NAME _____

Date of Birth	Name of Boxer	Club	Weight (KG)

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